



## University Child Care Center Menu

### Week of August 3, 2021

#### Monday:

**Breakfast:** Cheerios, Apple Juice, **Milk** (Alternate Milk\*)

**Lunch:** Macaroni & Cheese (Cheese), Carrots and Broccoli, WG Bread, Peaches, **Milk** (Alternate Milk\*)

**Snack:** Vanilla Wafers, Oranges, **Milk** (Alternate Milk\*)

#### Tuesday

**Breakfast:** Oatmeal, Cinnamon Apples, **Milk** (Alternate Milk\*)

**Lunch:** Beef Stew (Veggie Burger) w/ Mixed Vegetables, Mashed Potatoes, Mandarin Oranges, WG Bread, **Milk** (Alternate Milk\*)

**Snack:** Cheese Crackers, **Milk** (Alternate Milk\*)

#### Wednesday

**Breakfast:** Cheese Toast, Bananas, **Milk** (Alternate Milk\*)

**Lunch:** Turkey (Veggie Crumbles) Tacos w/ Cheese, Lettuce & Tomato, Brown Rice, Pineapple, **Milk** (Alternate Milk\*)

**Snack:** Cantaloupe & Watermelon, **Milk** (Alternate Milk\*)

#### Thursday

**Breakfast:** Yogurt with Strawberries, **Milk** (Alternate Milk\*)

**Lunch:** Ground Beef (Crumbles) Stroganoff w/ Egg Noodles, Vegetable Medley, Pears, WG Bread, **Milk** (Alternate Milk\*)

**Snack:** Apples, **Milk** (Alternate Milk\*)

#### Friday

**Breakfast:** Grits, Blueberries, **Milk** (Alternate Milk\*)

**Lunch:** Chicken (Boiled **Egg**) Pasta Salad w/ Celery and Apples, Cooked Carrots, Fruit Cocktail, WG Bread, **Milk** (Alternate Milk\*)

**Snack:** Hummus with Mini Pitats, **Milk** (Alternate Milk\*)

Children under 2 = Unflavored Whole Milk    Children 2 & Up = Unflavored 1% Milk

\*Alternate Milk: Soymilk    WG = Whole Grain

All juice is 100% juice

In red = local product (Farm to PreK)